



Winter Workouts 2018

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For ELL players ages 9/10 and 11/12

- 6 weeks of skills clinics for Edgewood LL players covering advanced fundamentals of hitting, fielding, throwing, pitching & outfield play.
 - Workouts consist of full group discussions and stations with fast paced drills to learn & reinforce topics
 - Confidence booster for players while they get a head start on the season with tons of repetitions.
 - Every Edgewood Clinic is 90 minutes. 75 minutes will of skills/drills and the final 15 a baseball specific Parisi Speed School speed training session.
 - Sundays 3:30 to 5pm at Diamond Kings Bristol
 - Dates: Jan 14, 21, 28, Feb 11,18, 25
- Fee: \$150 per player

For ELL players ages 5/6 and 7/8

- 8 weeks of skills clinics for Edgewood LL players covering fundamentals of hitting, catching, fielding, throwing, and pitching.
 - Workouts consist of full group discussions and stations with fast paced drills to learn & reinforce topics
 - Great foundation building skills and processes for young/new players while they prepare for the season.
 - Clinic are 90 minutes. 75 minutes will of skills/drills and the final 15 a baseball specific Parisi Speed School speed training session.
 - Sundays 12:30 to 2pm at Diamond Kings Bristol
 - Dates: Feb 11, 18, 25, Mar 4, 11, 18, 25, APR 1
- Fee: \$199 per player

Diamond Kings/Parisi Speed School is a proud training partner
with Edgewood Little League.

For more information and to register online please
visit edgewoodbaseball.net or dkacademy.com